

### ABSTRACT OF THE DISCLOSURE

A device is presented including a pad portion attached to a first belt portion on a first end and a second belt portion on a second end. The device has a removable attaching means for attaching the first belt portion with the second belt portion. The pad portion is adapted to be placed over either a person's abdomen or thoracic area, and the removable attaching means adjusts pressure of the pad portion on either a person's abdomen or thoracic area.